

## **Healing Confession**

### **Exodus 23:25**

25 And ye shall serve the LORD your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee.

- I am in excellent health and sickness and disease has no place in my body. I have been healed by the stripes of Jesus.
- Lord Jesus I believe your Word and I stand on your Word, inclining my whole being to hear your Word, to understand your Word and to keep your Word with all my heart and soul for I know your Words are, “**life and healing to all my flesh**” (Proverbs 4:20-22).
- You “**took my infirmities and bore my diseases**” therefore I refuse to allow infirmities and diseases to dominate my body.
- Your Holy Spirit is within me (John 14:17) and He is mediating your healing virtue that you have provided for my whole body.
- I claim my body as a living sacrifice unto you, as a temple for the Holy Spirit, and therefore my body belongs to you.
- You indwell me and your life permeates my soul and spirit and now my body as well so that I am filled with all the fullness of God in the here and now.
- Because you are in me and your Word says, “I am the Lord that heals you,” (Exodus 15:26) and you promised “to take sickness away from the midst of me,” (Exodus 23:25), I claim healing for my body and I speak to my body, saying, “In Jesus Name, receive your healing.”
- I believe that your healing virtue is flowing into my blood, into my immune system, into every part of my body, so that my body is responding to your Word. Nothing is too difficult for you.
- You have given my spirit eternal life and your Word says, “If the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead, will also restore to life your mortal bodies through the Spirit which dwells in you.” (Romans 8:11)